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Gender Health Gap and Workplace Impact



Dear TWF Friends,

There is a persistent gender health gap with women facing worse health outcomes across their lifetime and living an average of 9 years in poor health, 25% longer than men.

Women's health issues have historically been under reported, under researched and underfunded, generating a vicious circle that results in a lack of awareness, inappropriate treatment and care options and harmful taboos keeping women in poorer health.

Women from marginalised and minority groups face additional challenges, including a lack of access to information and services, discrimination or other factors that may intersect with their race, sexual orientation, gender identity, socio-economic status, ethnicity or disability.

[Here are three actions employers can take to close the health gap for women in the workplace:](#)

- 1. Prioritising employee health and wellbeing in the workplace, and including gender specific reproductive and sexual health issues as part of this***
- 2. Conduct gender-specific workplace risk assessment and provide necessary facilities and accommodations for support***
- 3. Provide training for managers and leaders to understand sexual and reproductive health issues and how to have sensitive conversations about these at work***

[Read More](#)

UPCOMING EVENT

20th Anniversary Gala Dinner 2024 - New Date Announcement!

Kindly take note of a change in date for our 20th Anniversary Gala Dinner, sponsored by Title Sponsor, Bloomberg. The event will now take place on **November 14, 2024**, at the Regent Hong Kong. This adjustment is due to a variety of external factors. Please mark your diaries with the new date and stay tuned for more event details!

For information on sponsorship opportunities, please contact Phoebe.Ho@twfhk.org or Development@twfhk.org.



PROGRAMME UPDATES



Girls Go Tech Programme: Post-DSE JUPAS Webinar

Last Tuesday, GGT hosted a webinar on post-DSE next steps for F.6 girls where guest speakers shared useful tips on how to review their university admission chances. A GGT alumna also shared her campus life and STEM studies in university. We also held mock group interviews to help students sharpen their admission interview skills. Huge thanks to our guests for their fantastic insights!

Young Allies: Work Shadowing at JLL

On May 20, a group of TWF Young Allies participated in a one-day work shadowing arranged by their mentor and TWF Male Ally, Samuel Ma, Executive Director | JLL. They joined a project meeting that gave them insight into the inclusive and diverse culture at JLL, and also learned how DE&I and facilities management are interrelated. Huge thanks to Samuel Ma and JLL for hosting this valuable experience.





Application for Mentoring Programme 2024-2025 Now Open!

TWF is launching the 16th year of the highly acclaimed best-in-class Mentoring Programme for Women Leaders. This year, we are looking for 60 high-potential aspiring female leaders (protégés) and 60 senior executive women (mentors) to join this cross-sector, year-long programme. The programme aims to provide participants with tools to advance their skills and knowledge in DE&I and foster holistic growth and leadership development. Ultimately, the Mentoring Programme seeks to develop inclusive leaders and build an ecosystem of gender advocates to affect change at both an institutional and personal level. **Learn more** about the Mentoring Programme for Women Leaders and the application process.

Boardroom Series: Workshop #4

The last workshop of the Boardroom Series for 2023-2024 cycle was held on May 14. Led by Moderator Jocelyn Ho | KPMG, panel speakers Diana Chen | Schneider Electric, Samantha Woods | Swire Coca-cola and David Mundy | Fidelity discussed how boards are being held accountable for the sustainability performance of companies. New sustainability reporting frameworks have specific requirements on the Board's role in overseeing the ESG strategy, and the discussion gave perspectives on how boards are, and should be, tackling sustainability-related risks and opportunities as well as leveraging ESG to create value. We had an engaging panel discussion and Q&A session on how board-level committees can tackle sustainability more effectively. Thanks to our Boardroom Series for Women Leaders 2023-2024 Contributing Sponsors CVC Capital Partners, KPMG, Standard Chartered and White & Case.



IN THE SPOTLIGHT

TWF as Supporting Partner for MTR 'Train' for Life's Journeys Programme: Social Innovation Challenge

TWF is pleased to be supporting MTR's "Train' for Life's Journeys 2.0 Programme" which aims to empower over 1000 students with key skills such as design thinking, entrepreneurship, financial literacy, and AI usage. In the programme's Social Innovation Challenge, students explore social issues in four key areas, including gender equality. Lai Shan Chung, TWF Director, Special Projects – Community Programmes played a pivotal role in guiding students on gender equality concepts, assessing their projects, and providing advice to the finalist teams. Thank you, MTR for the invitation and we look forward to continuing our support for the programme!



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20% of the proceeds of your order will be donated to TWF, contributing our mission for gender equality.

Be sure to visit [HowardsFollyWine.com](https://www.HowardsFollyWine.com) for more details and use [this form](#) to place your order.

ON OUR RADAR

The Good

- [First-ever ethnic minority female bus driver encourages peer to pursue dream on Mother's Day. \(The Standard\)](#)

The Challenging

- [同場加映：我沒有孩子，但我亂入了BB展 \(Ming Pao\)](#)

The Unexpected

- ['I felt like I was losing my mind': how to keep your career on track during menopause \(The Guardian\)](#)

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